

Patient Information Leaflet (PIL)
Hyalase (Hyaluronidase) Before and Aftercare

Aurielle Aesthetics

Before Your Hyalase Treatment:

- Medical History Disclosure: Ensure you provide a comprehensive medical history during your consultation. This includes any allergies (especially to bee or wasp stings), medications you're taking, previous reactions to hyaluronidase, and any known sensitivities.
- Avoid Certain Substances: Refrain from consuming alcohol and blood-thinning medications (such as aspirin, ibuprofen, Vitamin E, fish oils) for 48 hours before your treatment to minimize the risk of bruising.
- Hydration: Stay well-hydrated in the days leading up to your appointment.
- Skin Preparation: Arrive at the clinic without makeup or creams applied to the treatment area.

During Your Hyalase Treatment:

- Allergy Testing: A skin test may be conducted prior to the full treatment to ensure you do not have an allergic reaction to hyaluronidase.
- Treatment Sensations: You may experience minor discomfort or a slight stinging sensation during the procedure; this is normal and temporary.
- Duration: The treatment typically takes between 15 to 30 minutes.

Aftercare Advice:

Patient Information Leaflet (PIL)
Hyalase (Hyaluronidase) Before and Aftercare

- Avoid Touching the Area: Do not touch, rub, or apply makeup on the treated area for at least 6 hours post-treatment to reduce the risk of infection.
- Limit Physical Activity: Avoid strenuous exercise, saunas, swimming, and exposure to extreme heat for 24-48 hours after the procedure.
- Manage Side Effects: You may experience temporary swelling, redness, or mild bruising. Applying a cold compress intermittently can help alleviate these effects.
- Hydration and Alcohol: Continue to stay hydrated and avoid alcohol for 24 hours post-treatment.
- Monitor for Adverse Reactions: Contact Aurielle Aesthetics immediately if you experience unusual swelling, severe pain, signs of an allergic reaction (such as difficulty breathing, severe swelling, rash), or if you have any concerns following your treatment.

Follow-Up:

- Assessment Appointment: A follow-up appointment may be scheduled approximately 2 weeks post-treatment to assess results and ensure your satisfaction.

Contact Information:

Aurielle Aesthetics

Fairwater Stables, 1 High Street, Wroughton, Swindon, Wiltshire, SN4 9JX

Phone: [Clinic Phone Number]

Email: info@aurielleaesthetics.co.uk

Website: <https://www.aurielleaesthetics.co.uk>

Patient Information Leaflet (PIL)
Hyalase (Hyaluronidase) Before and Aftercare

At Aurielle Aesthetics, we are committed to providing safe and effective treatments tailored to your individual needs. Our nurse-led, CQC-registered clinic ensures the highest standards of care in a professional and welcoming environment.

If you have any questions or require further information, please do not hesitate to contact us.